



Calgary Rowing Club  
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(403) 249 -2880

## **Job Posting**

**Position:** Club Comp Coach

**Location:** Calgary, Alberta

**Application Closing:** March 15, 2022

**Start Date:** April 15, 2022

### **Overview**

The CRC provides a community environment to foster a passion for the sport of rowing and support athlete development. Founded in 1966 on the shores of the Glenmore Reservoir, the CRC provides year-round competitive and recreational rowing programs for all skill levels. Athletes from the CRC compete successfully at local, national and world levels. The CRC takes pride in developing both high-level athletes as well as giving hundreds of people the chance to experience the joy of rowing.

### **About this position**

The Calgary Rowing Club (CRC) is seeking a qualified Club Comp coach who will be responsible for developing training programs, coaching and working with a diverse group of Club Comp rowers. The coach will be responsible for setting the direction of the Club Comp program and preparing athletes for competition. The position reports directly to the CRC Board of Directors.

## Responsibilities and Duties

### **Program Planning and Management**

- Design and adapt a year-round training program (or programs if there are distinct sub-groups) geared towards peak performance at key regattas
- Promote both athlete and team development by planning and executing effective practices.
- Understand and communicate technique according to the RCA technical model and the long-term athlete development model
- Ensure and promote athlete safety while training on and off the water
- Support the competitive goals of rowers
- Manage a diverse range of skills and ability, ensuring all rowers are supported
- Set crews based on competitive goals, assistant coach feedback and athlete input

### **On-the-Water or Indoor Coaching**

- Provide feedback encouraging individual and crew improvements
- Develop a fun and supportive rowing atmosphere
- Comfortable using technology (ie video) to provide feedback or analyse performance

### **Communication**

- Engage new participants to continue growing the Club Comp program
- Provide regular correspondence to program participants regarding individual and group goals, practice plans, CRC events, and upcoming regattas, etc.
- Communicate effectively with staff and board regarding program needs and concerns
- Collaborates with rowers and supports two-way communication
- Communicate with athletes regarding training plans, personal and team goals, progress, events and activities

## **Regatta Responsibilities**

- Determine crew lineups and assist rowers in their training for local, regional and international regattas.
- Enter lineups in the regatta planning software, such as RegattaCentral
- Attend regattas to support athletes and facilitate a positive racing experience (when required)

## **Fleet Maintenance and Safety**

- Perform basic rigging and boat maintenance
- Help enforce the policies of the CRC regarding rowing safety, proper boat handling, and reporting boat damage when it occurs.
- Understand and enforce Glenmore Reservoir usage regulations

## **Nature of the Position**

This is an hourly position that requires approximately 9-12h of work and coaching per week.

## **Qualifications**

- Knowledge of and ability to coach sweep and scull rowing
- Background or experience coaching a diverse group of athletes or willingness to learn
- First Aid, CPR, AED certification or willingness to obtain
- Valid Pleasure Craft Operators license and demonstrated ability to safely operate launches/coach boats or willingness to learn
- Knowledge of rowing physiology and effective training techniques or willingness to learn
- 2-5 years rowing experience in scull and sweep boats (an asset)
- Valid RCA Coaching Certification or willingness to complete required certifications
- Commitment to the values of the Calgary Rowing Club
- Completed Police Record Check with Vulnerable Sector Search following the RCA and CRC Safe sport policy suite

### **Skills/Knowledge**

- Strong organizational and time management skills
- Ability to communicate effectively verbally and in writing to meet the needs of diverse athletes
- Understand key principles of adult pedagogy or willingness to learn
- Good Listener
- Ability to organize and motivate groups of various sizes
- Ability to work independently and as part of a team
- Ability to troubleshoot and rapidly adapt to changing circumstances
- Strong interpersonal and communication skills
- Strong leader, able to motivate athletes

### **Personal Attributes**

Willingness to learn and grow as a coach

Willingness to accept mentorship - Enthusiasm and desire to become a better coach and the ability to reach out to other coaches in the club for direction and assistance when needed

### **Compensation**

Hourly salary will commensurate with experience and RCA Coaching Certification.

Only candidates being considered for interviews will be contacted.

Email Resumes with accompanying cover letter to [office@calgaryrowing.com](mailto:office@calgaryrowing.com) by  
March 15, 2022